



## HOME AND COMMUNITY SUPPORT

Most people want to live in their own home, but the frail, elderly and people with disability or recovering from injuries can find this difficult.

Phoenix Healthcare can provide the following services that support people with their rehabilitation and gain independence.

### Personal Care

Help with bathing, showering, dressing, hair care.

### Domestic Assistance (Home Help)

Housework like cleaning, laundry, ironing.

### Other Assistance

Giving clients a hand by taking them shopping, G.P appointments, or just providing company for a chat.

Specialist serious injury care which includes but not limited to spinal and brain injury.

24/7 support and overnight or respite care.





**PHOENIX**  
HEALTHCARE GROUP

## Home and Community Support

Occupational Health

Workplace Training

First aid

Nursing Services

Earwax Removal

Physical Rehabilitation and Wellness

Hydrotherapy

Immigration Services

Recruitment



## BOOK WITH US NOW

**Book by phone:**

03 260 1 260

**Book by email:**

[sales@phoenixhealthcare.co.nz](mailto:sales@phoenixhealthcare.co.nz)

**Address:**

Units 8 & 9

166 Moorhouse Ave

Christchurch 8011



**PHOENIX**  
HEALTHCARE GROUP



## PROFILE OF SERVICES

Defining **Quality & Excellence** in Healthcare

[phoenixhealthcare.co.nz](http://phoenixhealthcare.co.nz)

## About Us

Phoenix Healthcare is an innovative and progressive provider of holistic healthcare and workplace safety services.

We are helping New Zealand workplaces to maximize their health and safety performance. We strongly believe that workplaces that are healthy and safe are more productive.

We are taking a new approach to help New Zealand workplaces create a healthier and safer workplace by offering our services that looks at the business in a holistic view and targets areas that have potential for improvements to formulate a more productive and efficient workforce.

## OCCUPATIONAL HEALTH

- Pre-Employment Assessments
- Health Monitoring
- Wellness Assessment
- Vaccinations
- Workplace Drug Testing
- Audiometry & Spirometry



## NURSING SERVICES

- District Nursing
- Comprehensive Care Planning
- Nurse Led Clinic
- Clinical Support for HCS clients



### **Earwax Removal**

We use the latest micro-suction technique.

Get your ears checked if you are experiencing any of the following symptoms:

- Ear-ache
- Tinnitus
- Itchiness in the ear
- Balance or Vertigo issues
- Loss of hearing

### **PHYSICAL REHABILITATION AND WELLNESS**

Physiotherapy can help restore movement and function if you have been affected by an injury, disability, or health condition.

We provide both private and ACC physiotherapy services. We also provide:

#### **Sports Physio and Rehabilitation**

Management and rehabilitation of exercise and sports-related injury.

#### **Annual Health Assessments**

### **HYDROTHERAPY**

Hydrotherapy uses water in various forms for pain relief and treatment. The ambience of a hydrotherapy pool is proven to help your mental state by lowering stress and promoting relaxation.



## **WORKPLACE TRAINING**

### **Manual Handling Training**

Manual handling is a major factor in a large percentage of workplaces that can cause injuries if not done correctly.

### **First Aid Training**

Phoenix Healthcare has registered first aid instructors with New Zealand Resuscitation council.

- Basic first Aid Training
- Refresher First Aid Training
- Comprehensive First Aid Training

## **IMMIGRATION SERVICES**

- Employers & Recruiters Work Visa
- International Student Visa
- Resident Visa
- Work Visa
- Visitor Visa

## **RECRUITMENT**

Phoenix Healthcare Group also specialises in the recruitment of staff to fill vacant positions.

