JULIAN REEVES Clinical Psychologist B.Sc., P.G.Dip. Sci. (Psychol) (Otago) F.N.Z.C.C.P.

Registered in the Clinical Scope

Julian is a Fellow of The New Zealand College of Clinical Psychologists and a former President of the College.

Julian works with a range of psychological referrals, but has special expertise in dealing with depression and anxiety disorders. He works for the Auckland District Health Board in the area of health psychology and as Clinical Director of Procare Psychological Services. He also offers relationship counselling.

He has an Honorary Appointment in The Department of Psychological Medicine at the University of Auckland School of Medicine.

He also works with emergency service personnel with dealing with trauma and its sequelae (particularly Post Traumatic Stress Disorder) and consults on work stress cases.

- Psychodynamic psychotherapy
- Cognitive Behavioural Therapy (CBT)
- Positive psychology

