

Useful Information – CAFS (Southland)

Child, Adolescent & Family Service
Elm Court
Southland Hospital
Gate 1
Elles Road
Invercargill
(03) 214 5753

Where do I go for my appointment?

CAFS reception is on the south side of the Elm Court building at Southland Hospital. It has its own entrance door that is wheelchair accessible. Parking is available on the South Side through Entrance 1 off Elles Road.

Please let the reception staff know that you've arrived.

CAFS hours are Monday – Friday 8.00am – 5.00pm.

How can I get there?

There is a local bus service, the Kew Connection, run by Invercargill City Council. The bus stop is in front of the main hospital building.

There are three car parking spaces set aside for CAFS visitors in the car park next to CAFS reception, reached through Gate 1 on Elles Road. Otherwise, you can park in the main hospital car park (off Kew Road).

Where can I get something to eat and drink?

The café is located within the main hospital building, it is open:

Monday – Friday 7.30am – 6.30pm.

Weekends and public holidays – 9.00am – 2.00pm and 4.30 – 6.30pm.

Who do I contact if I can't make my appointment?

Please phone the number above.

Can I get text reminders of my appointments?

Yes, you can receive text reminders of your outpatient appointments. Tell the CAFS receptionists that you want to receive text reminders and they will organise it.

Can I smoke or vape in the hospital grounds or buildings?

The hospital buildings and grounds are a non-smoking area. We encourage any visitors and patients who smoke or vape to go off-site to do this.

