

## Testosterone

This is the list of funded testosterone options available. Auckland Sexual Health Service only prescribes fully funded medications.

Testosterone	Route	Brand Name	Frequency	Additional
Testosterone undecanoate 1 g/4 mL	Intramuscular injection	Reandron	10 – 12 weekly	Cannot self-administer. Given by deep IM injection e.g. gluteal muscle. Injection site pain can occur.
Testosterone esters 250 mg/mL	Intramuscular injection	Sustanon	2 – 4 weekly	Can be self-administered. Not suitable for people with peanut allergy. Injection site pain can occur.
Testosterone Cypionate 100 mg/mL	Subcutaneous/ intramuscular injection	Depo-Testosterone	1 – 4 weekly	Can be self-administered. Injection site pain can occur.
Testosterone 5 mg gel patch	Transdermal	Androderm	Daily	Change patches daily, rotating to a new site. Wait 7 days before re-application at same site. Avoid showering/swimming for 4 hours after applying patch. Skin irritation- including blistering/burning common. Supply issues common.
Testosterone undecanoate 40 mg	Oral capsule	Andriol	Daily	Twice daily dosing. Take with food. Absorption dependent on fat intake. Adequate absorption usually achieved as long as not fasting or taking low-fat meals. Diarrhoea and abdominal pain are common side effects.