

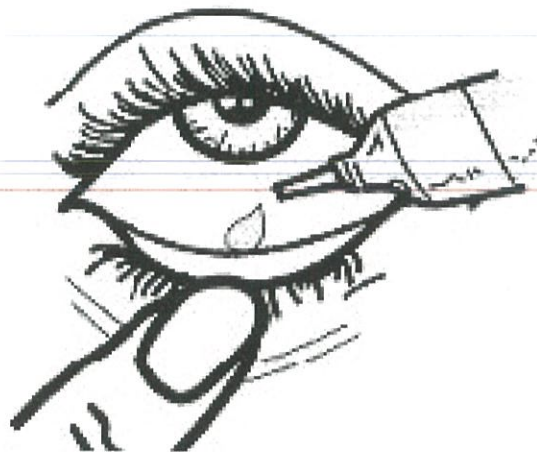
## How to Use Eye Drops

Wash your hands before use.

Read the label.

Tilt your head back looking upwards.

Pull down gently on the lower lid.



**Squeeze 1 drop into the space between the lower lid and the eye without letting the dropper touch the eye.**

Close your eye for about 30 seconds.

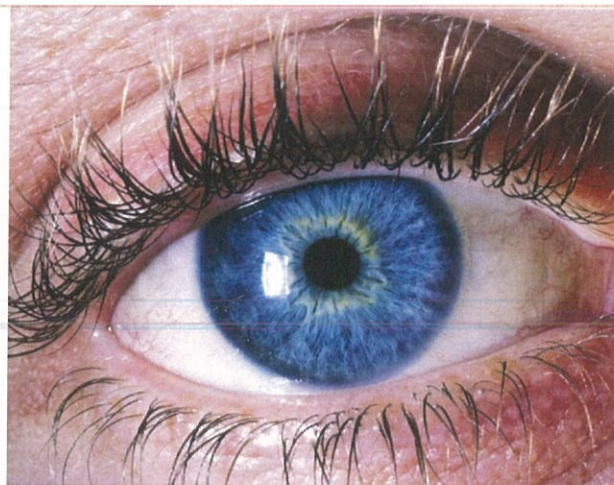
The eye drops may blur your eyesight.

Do not stop your eyedrops unless recommended by your surgeon. If you run out of drops please contact your family doctor or ring us to get more.



COUNTIES  
MANUKAU  
HEALTH

## DISCHARGE INSTRUCTIONS CORNEAL TRANSPLANT SURGERY



### Manukau Surgery Centre

For assistance please telephone the  
Manukau SuperClinic™

**Module 6 between 8.00am - 4.30pm**

**Ph: 09 277 1660**

**After Hours - If your surgeon is unavailable call  
Greenlane Hospital**

**Ph: 09 367 0000**

**or go to Acute Eye Department  
at Greenlane Hospital**



[www.countiesmanukau.health.nz](http://www.countiesmanukau.health.nz)

Re-Order SUPC192 Review date: February 2021

# Discharge Instructions Following Corneal Transplant Surgery

## ***After Your Surgery***

- An appointment has been made for you to see your surgeon the following day and will be given to you on your discharge home. It is very important for you to attend this appointment and all other arranged post corneal transplant appointments.
- You will be given a prescription for eye drops which you must take to the chemist.
- ***Please leave your eye patch on until you have seen the Eye Team.***

## ***After Your Follow Up Appointment***

- ***Do not rub your eyes.***
- Avoid straining, lifting heavy objects or strenuous exercise for 1 month.
- Discuss your return to normal light activities with the Eye Team.
- Discuss your return to work with the Eye Team.
- Gently clean any discharge around the eye with a clean face cloth and warm water if necessary.
- Do not use any other solutions in the eye except those that are prescribed by the surgeon.
- You may be sensitive to light in your operated eye and may wish to wear dark glasses for comfort.

## ***Post Op Medicines***

- Please bring your eye drops with you to your clinic appointments.
- ***You must start using the eye drops after seeing your surgeon. These are usually required for about a year after surgery, but your surgeon will let you know how often to use them at each appointment.***
- ***Make sure you always have enough supplied eye drops. Please try to get another prescription when you open your last eye drop bottle, unless instructed by your doctor not to do so***
- ***For pain relief take 2 Paracetamol or Panadeine tablets every 4 hours if required. (Not more than 8 tablets in 24 hours). Please follow the instructions on the packet.***

## ***You May Experience Any of the Following Common Symptoms (these are normal)***

- Watering, irritation and a feeling of something in your eye for 2-3 weeks.
- Bruised feeling around your eye for 2-3 weeks.
- Your eye may look quite red for 1 month.
- Your vision may be variable and is often quite blurred for several months.

## ***You Must Contact Us Immediately If You Experience Any of the Following. Or go to Greenlane Hospital, Acute Eye Department on the same day where possible***

- Worsening vision.
- Severe pain not improving with Paracetamol.
- Any coloured discharge from your eye.
- If you have any questions about your drops or your eye.
- If you are not able to attend any outpatient appointment.