

## **Referral Pathway to Community Gerontology Nurse Specialist**

Is this an older adult with complex/chronic medical history having frequent acute admissions who would benefit from GNS review in the community?

Is this an older adult whose cognitive function is impacting on their health outcomes e.g. medication management, safety at home, weight loss?

Is this an older adult whose health has declined and who would benefit from GNS assessment regarding a higher level of care? Is this an older adult that is already in residential aged care who needs to be assessed for change of health status or would benefit from a specialist assessment for complex wound management?

Is this an older adult, in residential aged care, who would benefit from rehabilitation following a stroke, fracture or acute illness or focused review for another reason?

## A delirium screen is required for most referrals.

## If available, please include the following information on the referral:

- Reason for referral be specific
- History of events leading to this referral
- Discharge summary
- Up-to-date list of medications
- EPOA details

- Past medical history
- Any cognitive assessments
- Outcome of MDT or family meeting in hospital
- Family involvement and contact numbers
- Consent gained

Please email referrals to Older Adults & Home Health: <a href="mailto:olderadultshomehealth@waitematadhb.govt.nz">olderadultshomehealth@waitematadhb.govt.nz</a>

Note: We are NOT an acute response team. All cases are triaged according to risk. For acute medical issues referral to the GP or acute admission is advised.

## These services may also be available:

- Non-Governmental Organisations (NGO) e.g. Hospice, Age Concern
- General Practitioner (GP) Acute change or medical assessment
- Needs Assessment & Service Co-ordination (NASC) Needs assessment
- Mental Health Services for Older Adults (MHSOA) Mental Health assessment
- Geriatrician Specialist assessment
- Cultural Support Māori Health Service, Asian Health Service, Pacific Support Service
- Dietitian (DT) Nutritional assessment
- Occupational Therapist (OT) Cognitive or environmental assessment
- Physiotherapist (PT) Mobility assessment
- Social Worker (SW) Psychosocial assessment
- Speech Language Therapist (SLT) Language and/or swallowing assessment
- Residential Aged Care Pharmacist Medicines optimisation review
- Vulnerable Adult Response Group (VARG) Complex psychosocial situations after discussion with social worker

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