



## - WHATUA KAIMARIE MARAE -



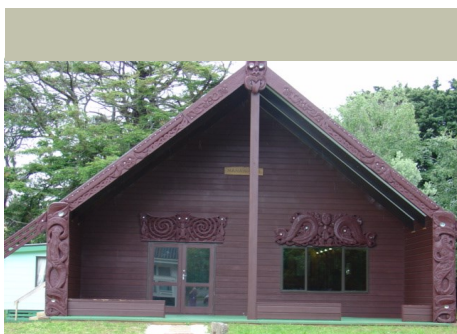
Owairaka te Maunga

Ko Auaunga te awa

Wai-o-te-mata te moana

Ko Whatua Kaimarie te whenua

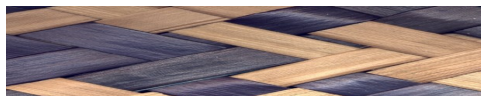
Ko Manawanui te Whare Tupuna



## SERVICE BROCHURE

Nga tohu o tou aroha e oranga mo apopo.

*Loving intentions ensure future wellness*



## DIRECTIONS

**Postal/Physical address:**  
11 Sutherland Road,  
Point Chevalier, Auckland 1025



Telephone: (09) 845 3084 or 0800 845 308

Facsimile: (09) 815 5256

For after hours support please contact  
ADHB Crisis 24 Hour Answer Service on: 0800 800 717



## REFERRAL PROCESS

Referrals are made via a Community Mental Health Service or GP. If you are a current whai ite ora (service user) you can talk to your keyworker or psychiatrist about a referral to Manawanui.

After the referral has been processed an information meeting called a mihiwhakatau will be set up with you and your keyworker. Your whanau/support people are very welcome at this meeting.

## CLIENT RIGHTS

Manawanui Oranga Hinengaro are committed to working in partnership with tangata whai ite ora and their whanau in upholding the Health and Disability Services Consumers' Rights.

## PRIVACY

Manawanui Oranga Hinengaro undertakes to protect individual privacy in respect of health information. All information is collected, utilised and stored according to requirements of the Health Information Privacy Code 1994.

## COMPLAINTS

Manawanui Oranga Hinengaro is committed to providing an excellent service and complaints provide an important opportunity to improve our service delivery. A tikanga process for complaint resolution is utilised alongside the ADHB complaint process.

## THE SERVICE

Manawanui Oranga Hinengaro is a specialist service within Mental Health Services of the Auckland District Health Board (ADHB) which offers support to Māori experiencing a mental illness.

All interventions in the services are founded in Māori models of health e.g. Te Whare Tapa Wha, Te Wheke and use tikanga processes from waewae tapu to whanau.

Turanga and Tupurea Aromatawai are specialist needs assessment used within this service.

Manawanui Oranga Hinengaro are community based and located within the marae— Whatua Kaimarie along with appropriate cultural facilities including the wharenui— Manawanui and also the wharekai—Rangimarie.

The services have access to Kaumatua and other people with knowledge of tikanga Māori, clinical expertise and relevant life experiences. The service is composed predominantly of Māori staff from a variety of iwi (tribal affiliations).

### Eligibility criteria:

Adults from 18 years

Current service user of ADHB mental health services.

## CULTURAL SUPPORT SERVICE

This is a Māori community support work service that provides;

- Māori specific interventions include; karakia, kaumatua advice/ guidance and powhiri.
- Māori therapeutic groups
- Community support e.g to find meaningful work or courses for further education.
- Māori cultural liaison and advice for ADHB staff
- Tupurea Aromatawai—Specialist strengths assessment for Māori
- Kanohi ki te kanohi (face to face) support or advocacy in accessing community services e.g. WINZ, HNZ, GP's, Dentists.

### These interventions are provided by:

Kaumatua

Māori Community Support Workers



## CLINICAL SERVICE

This is a multi-disciplinary service providing clinical treatment and cultural support to tangata whai ite ora utilising kaupapa Māori continuing care and recovery service. This service provides;

- Comprehensive recovery planning
- Assist tangata whai ite ora in regaining functional relationships in their community of choice.
- Support to access community facilities or services towards social inclusion.

### These interventions are provided by:

Kaumatua

Social workers

Nurses

Occupational therapists

Psychologists

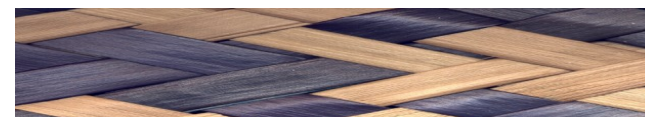
Psychiatrists

## MĀORI THERAPEUTIC GROUPS

The following Māori therapeutic groups for 2015 include the following:

- Kapa Haka
- Taku Oranga - My Wellbeing
- Hauora Tinana
- Rapu Whakaaro—Mentalisation Group
- Sensory Modulation Group

And more! If you are interested in any of the above groups, please let your keyworker know.



## GLOSSARY

Kaumatua—Māori elder

Marae—A Māori place of gathering

Tamaki Makaurau—Auckland

Tangata whai ite ora—a person living with a mental illness.

Tikanga—custom, protocol, culture

Waewae tapu— a person who visits a marae for the first time

Whanau—family

Wharenui—meeting house

Wharekai—dining room