



# ***Surgical Unit - Waitakere Hospital***

## ***Orthopaedic Surgery***

**Waitakere Hospital – Lincoln Rd Henderson**  
**Surgical unit reception**

**You must not eat or drink anything from midnight the night before.**  
**You can have small sips of water until 5am the day you are asked to report to the Surgical unit WTH.**  
**Please discuss with your doctor any regular medications you are taking.**  
**The doctor will let you know if you need to continue to take these the morning of your surgery.**

Patient Name: \_\_\_\_\_ Hospital No: \_\_\_\_\_

You have been asked by the Orthopaedic Team to report to Waitakere Hospital for surgery on \_\_\_\_\_. On this day, please report to the Reception of the Surgical Unit where you will be asked to go to their Pre operative Waiting Room.

You have been asked to do this because your orthopaedic injury or condition does not justify immediate surgery. It is safe for you to wait at home for your surgery. You may again be asked to return home and come back to the hospital at a later date. If so, we apologise for any inconvenience this may cause you and your family. Many “acute” orthopaedic injuries are best dealt with a few days after the injury to allow swelling to resolve or further investigations to be completed.

**You will be contacted with a time to come in for surgery when you are the scheduled for your operation. Please ensure that we have your correct telephone numbers.**

On the day of surgery you will meet with the Anaesthetist and the Hand Surgeon. If you or your family have any questions about your care please discuss these with the consultant at this time.

If you are having Day Surgery, you will need to have a nominated responsible adult carer to take you home from hospital the **same day** of your operation. They will need to stay with you for 24 hours from the time of your surgery. The majority of hand surgery is done as a day patient.

Should you require an overnight stay in hospital following your operation, a bed will be available on you post operatively on Titirangi Ward, Waitakere Hospital.

What to bring with you:

- All current X-rays and Doctors letters, yellow medication card.
- All current medications, including inhalers
- Consider comfortable or loose clothing that is easy to put on and remove as you may experience physical difficulties following your surgery
- All relevant ACC documentation – if you require assistance please let us know so we may have you seen by a social worker if necessary

You can contact the Surgical Unit, Waitakere Hospital on (09) 837 6622 (0800 – 1630 Monday to Friday)