

Discharge Instructions

Xen Glaucoma Implant

After your operation

- Remove the pad from your eye next morning yourself
- Start Pred Forte and Chloramphenicol eye drops as instructed right away
- Do not use any other glaucoma drops in the operated eye
- Attend your appointment at the Eye Clinic at Middlemore Hospital / Module 6 Manukau SuperClinic™ (Cross off whichever not applicable) as per appointment letter given to you

Counties Manukau Health Values

We aspire to live and breathe our values every day as the foundation of our strategic goal to achieve health equity for our community:



VALUING EVERYONE - Make everyone feel welcome and valued.

KIND - Care for other people's wellbeing.

TOGETHER - Include everyone as part of the team.

EXCELLENT - Safe, professional, always improving.

The Code of Rights

This means that you should have

1. Respect and privacy
2. Fair Treatment
3. Dignity and independence
4. Proper standards
5. Effective communication
6. Information
7. Your choice and decisions
8. Support
9. Right during teaching & research
10. Your complaints taken seriously

Contact Details:

Manukau Sugery Centre

For assistance please telephone the
Manukau SuperClinic™

Module 6 between 8.00am – 4.30pm Ph: 09 277 1660

After Hours – Greenlane Hospital Ph: 09 367 0000

or go to the Acute Eye Department
at Greenlane Hospital



Xen Glaucoma Implant



Discharge Instructions



After your operation you may experience

- Blurred vision for a week or two
- A blood shot eye for a week or two
- Variable amounts of pain or discomfort for several days

Advice

- Do not rub or touch your eye that has had surgery
- Avoid strenuous activity for two weeks: sports, heavy lifting, prolonged bending
- You may watch TV or read
- Check with your eye specialist when you can drive again

You must contact us if you experience any of the following:

- Severe pain, or worsening pain
- Sudden loss of vision
- Sticky discharge from the eye
- The drainage “bleb” created by this surgery has a low risk of getting infected, even years after the surgery. If your eye suddenly becomes red and definitely painful (more than uncomfortable), or if it is producing sticky discharge, you need to see your eye doctor very soon

Take 2 Paracetamol (Panadol) tablets for pain relief. Do not take more than 4 doses in 24 hour period.

Next due at _____

How to use your Eye Drops:

- Wash your hands before use
- Read the label
- Sit in a comfortable chair
- Tilt your head back looking upwards
- Pull down gently on the lower lid
- Squeeze 1 drop into the space between the lower lid and the eye without letting the dropper touch the eye
- Close your eye for about 30 seconds