

Contraception services including long acting reversible contraception (LARC)
Te Toka Tumai Auckland and Waitematā

Clinic	Contact details	Contraception services offered
Te Toka Tumai Auckland Women's Health – Glen Innes Clinic at Family Health Matters	137 West Tamaki Road, Glen Innes, Auckland 1072 Thurs 9.00am -3.30pm 0800 527 200 (0800 LARC00) Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Te Toka Tumai Auckland Women's Health – Three Kings Accident and Medical Centre	536 Mount Albert Road, Three Kings, Auckland 1042 Fridays, 9.00am to 5.00pm 0800 527 200 (0800 LARC00) Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Te Toka Tumai Auckland Women's Health – White Cross Urgent Care and GP Clinic	110 Lunn Avenue, Mount Wellington, Auckland 1072 Wednesdays 9.00am - 5.00pm 0800 527 200 (0800 LARC00) Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Aotea Health	72 Hector Sanderson Road, Great Barrier Island / Aotea 0991 Mon - Fri 9.00am - 5.00pm +64 9-429 0356 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • Most contraception options • Jadelle insertion and removal • IUCD insertion and removal not currently available
Apollo Medical	119 Apollo Drive, Rosedale, Auckland 0632 Mon - Fri 8.00am - 5.00pm +64 9-477 3700 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Auckland Medical Aid Centre	289 f, 1st floor/283 Dominion Road, Mount Eden, Auckland 1024 Mon - Fri 8.30am - 4:30pm +64 9-638 6040 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Auckland University of Technology (AUT) - Akoranga Drive	3 Akoranga Drive, Northcote, Auckland 0627 Mon, Tue, Wed & Fri 9.00am - 4.00pm, Thu 10.00am - 4.00pm +64 9-921 9998 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • Most contraception options • IUCD insertion and removal • Jadelle insertion and removal not currently available
Auckland University of Technology (AUT) - Wellesley Street	City Campus, 55 Wellesley Street East, WB Building Level 2, Auckland 1010 Mon-Wed, Fri 8.00am-4.30pm, Thu, 10.00am-4.30 pm +64 9-921 9992 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • Most contraception options • IUCD insertion and removal • Jadelle insertion and removal not currently available

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Avondale Health Centre	39 Layard Street, Avondale, Auckland 1026 Mon - Fri 8.00am - 5.00pm +64 9-828 2066 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • Most contraception options • IUCD insertion and removal not currently available • Jadelle insertion and removal
Coast to Coast Healthcare	220 Rodney Street, Wellsford 0900 Mon - Sun 8.00am- 8.00pm +64 9-423 8086 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Dr Nicholas Cooper Clinic	33 Queen Mary Avenue, Epsom, Auckland 1023 Mon – Thu 8.00am-5.45pm, Fri 8.00am-4.45pm +64 9-630 9191 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Elstree Ave Family Doctors	17 Elstree Avenue, Glen Innes, Auckland 1072 Mon 7.00am - 5.00pm, Tue 8.00am - 7.00pm, Wed 7.00am - 5.00pm, Thu 8.30am -7.00pm, Fri 8.00am - 5.00pm +64 9-528 3323 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Family Health Matters	137 West Tamaki Road, Glen Innes, Auckland 1050 Mon - Fri 8.30am - 4.00pm +64 9-973 4106 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • Most contraception options • IUCD insertion and removal not currently available • Jadelle insertion and removal
Green Bay Medical Centre	70 Godley Road, Green Bay, Auckland 0604 Mon – Fri 8.00am – 5:30pm + 64 9-8274075 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Health Connections at Youthline	13 Maidstone Street, Grey Lynn, Auckland 1021 Mon - Fri 9.00am - 4.00pm +64 22 428 8396 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Health New Lynn	Level 1, Totara Health Services, 1 McCrae Way, New Lynn, Auckland 0600 Mon-Fri 8.00am - 5.00pm +64 9-827 8888 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
HealthWest - The Youth Health Hub	49 Lincoln Road, Henderson, Auckland 0610 Mon-Fri 8.30am -5.00pm +64 9-836 2329 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal

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Hillside Medical Centre	711 Richardson Road, Hillsborough, Auckland 1024 Mon-Wed and Fri 8.30am – 5.00pm, Thurs 8.30am – 5.30pm Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Hobsonville Family Doctors	124 Hobsonville Road, Hobsonville, Auckland 0618 Mon-Wed 8.00am - 6.00pm, Thu 8.00am - 7.00pm, Fri 8.00am - 6.00pm, Sat 9.00am - 12.00pm +64 9-416 8541 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Kaipara Medical Centre	53/65 Commercial Road, Helensville, Auckland 0800 Contraception clinic on Wednesday evenings +64 9-420 8400 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Kelston Medical Centre	8 Archibald Road, Kelston, Waitakere 1062 Mon – Fri 8.00am – 5.30pm +64 9-818 5208 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Kitchener Road Medical Centre	174 Kitchener Road, Milford, Auckland 0620 Mon - Fri 8.00am - 6.00pm +64 9-489 4092 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Kowhai Surgery Limited	10 Percy Street, Warkworth, Auckland 0910 Mon – Thurs 8.00am – 5.30pm, Fri 8.00am – 5.00pm +64 9-425 7358 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Lifeline Medical Centre	463 Great South Road, Ōtāhuhu, Auckland 1062 Mon - Fri 9.00am - 6.00pm, Sat & Sun 10.00am - 2.00pm +64 9-276 2822 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Massey University Health and Counselling Centre	Level 2, Student Amenities Centre, Massey University Albany, Gate 1, State Highway 17 Albany, North Shore 0632 Mon – Fri 8.30am – 5.00pm +64 9-213 6700 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal not currently available

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Mt Eden 575 Doctors	575 Mt Eden Road, Mt Eden, Auckland, 1023 Mon-Fri 8.00am – 5.30pm +64 9-623 4599 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Mt Smart Medical Centre	237A Mt Smart Road, Onehunga, Auckland 1061 Mon – Fri 8.30am – 5.00pm +64 9-579 0563 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Mt Wellington Family Health Centre	283 Penrose Road, Mount Wellington, Auckland 1060 Mon - Fri 8.00am - 6.00pm +64 9-570 2999 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Northpoint Medical & Skin Centre	1a/40 Library Lane, Albany, Auckland 0632 Mon - Wed 8.00am - 6.00pm, Thu & Fri 8.00am -5.00pm, Sat 9.00am - 1.00pm +64 9-320 4759 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • Jadelle insertion and removal • IUCD insertion and removal not currently available
Piritahi Hauora	54 Tahatai Road, Oneroa, Auckland 1081 Mon - Fri 8.30am -4.30pm +64 9-372 0022 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Ratanui Medical Centre	77 Lincoln Road, Henderson, Auckland 0610 Mon - Fri 8.00am - 6.00pm, Sat 9.00am - 12.00pm +64 9-837 0740 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Stoddard Road Medical Centre	223 Stoddard Road, Mount Roskill, Auckland 1041 Mon – Fri 8.00am – 6.00pm, Sat 8.30am – 1.00pm +64 9-621 0387 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Swanson Medical Centre	714 Swanson Road, Swanson, Auckland 0612 Mon – Fri 8.00am – 5.00pm +64 9-833 9433 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal

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The Doctors Onehunga	73 Church Street, Onehunga, Auckland 1061 Mon – Sun 8.00am – 8.00pm +64 9-634 5184 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Three Kings Family Medical Centre	535 Mount Albert Road, Three Kings, Auckland 1042 Mon – Fri 8.30am – 5.00pm +64 9-625 8998 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Turuki Health Care	62 Queens Rd, Panmure, Auckland 1072 Mon - Fri 9.00am - 6.00pm, Sat 9.00am - 1.00pm +64 9-570 8643 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
University of Auckland - City Campus	University Health and Counselling, Level 3, Kate Edger Information Commons, 2 Alfred Street, Auckland 1010 Mon - Thu 8.30am -6.00pm, Fri 8.30am - 5.00pm 0800 698 427 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
University of Auckland - Grafton Campus	85 Park Road, Grafton, Auckland 1023 Mon - Fri 8.30am - 4.00pm 0800 698 427 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • Most contraception options • Jadelle insertion and removal • IUCD insertion and removal not currently available
Upper Harbour Medical Centre	393 Hobsonville Road, Hobsonville, Auckland 0618 Mon - Fri 8.30am - 5.00pm +64 9-416 9555 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Waitakere Union Health Centre	Waitakere Hospital, 55-57 Lincoln Road, Henderson, Auckland 0610 Mon - Fri 9.00am - 5.00pm +64 9-837 3933 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Well Women and Family Trust	Unit 14, St Lukes Business Park, 49 Sainsbury Road, Morningside, Auckland 1025 +64 9-846 7886 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal

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Westgate Medical Centre	Westgate Shopping Centre, 13E Maki Street, Massey, Auckland 0614 Mon - Sun 8.00am - 8.00pm +64 9-833 3134 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal
Maxcare Medical Centre Limited	Maxcare Medical Centre Mon-Fri 9.00am -5.00pm Sat 9.00am -2.00pm +64 9-360 6890 Click here for more information	<ul style="list-style-type: none"> • Contraception consultation • All contraception options • IUCD insertion and removal • Jadelle insertion and removal