



BECOME A BREASTFEEDING PEER SUPPORTER

Want to learn skills to help others in your community with breastfeeding?

- Free basic training on breastfeeding support
- Suitable for health workers working with whaanau
- Suitable for passionate Mothers wanting to support others

This is right for you if you'd like to support whaanau with positioning baby on the breast and latching comfortably, understanding normal infant behaviour and help with common questions

For more information and to register
call 0800HELPBF or email terito.ora@middlemore.co.nz



TE RITO ORA



COUNTIES
MANUKAU
HEALTH