



PHOENIX
HEALTHCARE GROUP

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Occupational Health Services

Optimise your workplace health and safety through a range of effective and tailored workplace health and well-being services.

Our services are carried out by our highly trained and experienced Occupational Health Nurses who have experience across a broad range of industries and workplaces. We are also mobile, giving you the convenience of having our nurses come out to your workplace and a time and date that suits you.

Our team understands your industry and can tailor a plan to suit the needs of your business and your staff, including your requirements under the Health & Safety Act (2015) and other relevant legislation in New Zealand.

Services include:

Annual Health Monitoring (Lung, hearing & other relevant tests)

Monitoring a worker's health through tests such as spirometry (lung) and audiometry (hearing) is crucial in determining the health of your workers and can alert you to hazardous working environments, systems, or processes that may be detrimentally affecting their health. Regular or annual health monitoring ensures that you are meeting your obligations under the Health & Safety at Work (General Risk & Workplace Management) Regulations (2016).

Pre-Employment Assessments

It's important to hire the right people that are suitable, fit and safe to carry out the job. Our pre-employment assessments give you peace of mind in ensuring a candidate is right for your business. These assessments also can collect key baseline health information for ongoing health monitoring. We can tailor our pre-employments to suit your needs and the requirements of the job the candidate is applying for.

Onsite Drug Testing

Drug use can impair a worker's ability to carry out their job safely, putting themselves, other staff, and the business at risk. Onsite drug testing is a proven method to reduce this problem, resulting in a safer workplace for all.

Vaccinations

Reduce absenteeism and illness from viruses and other nasties through our vaccination program. These can be done efficiently onsite at your business.

Workstation Assessments

Office staff need love too! Office and other staff who spend most of the working day at their desks are at risk of pain and discomfort. A thorough workstation assessment carried out by one of our nurses can identify issues, assessing and identifying problems that can occur from prolonged sitting.

Ergonomic & Manual Handling Training

Delivered by a Physiotherapist, our ergonomic and manual handling workshops are great for groups of workers to help instil the fundamentals of injury risk and prevention.

First Aid Training

You never know when you may be the first on the scene in a serious medical event. First Aid training can provide you and your staff with the skills to save a life. We provide both full daily, workplace-first aid and refresher courses.

Physiotherapy & Rehabilitation including Return to Work Programs

Our expert Physiotherapists can accurately assess and treat a worker's work-related injury, or an injury or problem that is affecting their ability to perform their job safely and pain-free. We communicate closely with employers, providing updates on a worker's recovery, timelines, and even tailor comprehensive return to work rehab programs

Feel free to give us a call today. We are more than happy to help you on your journey to a safer and healthier workplace.

