

**Pre-travel consultation - patient questionnaire**

**When do you leave NZ and arrive back?**-----  
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**Purpose of travel**-----  
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**Nature of travel (please circle.)** Independent. Cruise. Back-packing. Organised tour. Bus. Train.  
Other -----  
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**Accommodation (please circle).** Luxury. Budget hotel. Homestay with host family. Cruise.  
Camping/Tramping. Beach resort. Kibbutz or commune

**Where are you going?** Please include as much detail as you can, e.g. altitude, camping, cruise,  
homestay with host family, any adventurous, exotic or risky behaviour/eating

<b>Date</b>	<b>Destination (include if rural or urban)</b>	<b>Staying here for how long?</b>	<b>Activities?</b>

**Are there any details you think we should know about this trip? E.g. conflict areas, weather problems, back-packing etc.**

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**Activities you will be doing on your trip**

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**Previous travel experience**

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**Medical conditions (You may want to ask the GP for a “meds for flight” letter.)**

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**Do you have any of the following: (please circle.)** Heart failure. Unstable angina. Previous blood clot. Recent heart attack. Unstable asthma. Severe COPD. Communicable disease. Recent stroke or mini-stroke/TIA. Undiagnosed neurological condition. Recent neurosurgery. Unstable mental illness. Pregnant, if so how many weeks during travel.....

**Previous vaccines & approximate date**-----

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*---Bring your vaccination book or passport if you have one.*

**Have you ever had a bad reaction to a vaccine? (please circle.)** YES NO

Please return this document to reception or email to [reception@hauorahealth.nz](mailto:reception@hauorahealth.nz)

The nurse will assess your travel plans and determine what vaccinations you need. You will be called to advise when to book in, ***please don't do this over the portal Health365.***

You will then have an appointment with the GP followed by vaccinations with the nurse. Sometimes, you may need a course of vaccinations which can take place over several weeks, so it is a good idea to give us as much time as possible before you leave NZ. We strongly recommend you have travel insurance.

<b>Travel consultation costs</b>	\$70 single traveler/simple destination + vaccines \$120 family/complex destination + vaccines
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