



NORTHLAND DISTRICT HEALTH BOARD
Te Poari Hauora Ā Rohe O Te Tai Tokerau



Whanau Support Group

Being the family member of a person with an alcohol or drug problem can be difficult.

Support is available where you can:

Talk about how this impacts on your life.

Be provided with information about how you can help.

Receive some support to cope.

What: a group for people who have whanau with alcohol and drug issues to come together to talk about their experiences and to get support

**For 6-8 weeks every Monday evening
Starting October 13th
4pm – 6pm**

Where: Alcohol & Drug Service 5 Three Mile Bush Road Kamo
Group Room (Kai Papahu)

For more information contact

Steve (09) 470 2706
(DHB Alcohol and Drug Service)

Kenny 0800 789 134
(Supporting Families)

Tea and Coffee Provided