



A free, home-based service that helps people break the cycle of alcohol and other drug use



**WHEN YOU ARE READY TO GET WELL—
WE ARE READY TO HELP.**

Dunedin Homebase Detox Service
Private Bag 1916
Dunedin

Phone 03 476-6063
Email dunedindetox@gmail.com

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Tel: Dunedin 476-6063

Dunedin Homebase Detox Service

Ask yourself these questions

- Do you feel fed up with your alcohol and/or drug use but find it too hard to stop?
- Is going more than two days without using alcohol or drugs too difficult?
- Does going without for more than two days cause you physical discomfort?
- Is your alcohol or drug use affecting family and friends?
- Have you tried to stop yourself but not been able to do so?
- Do you need more support to stop using?
- Do you feel you need professional, skilled, experienced help?
- Is privacy important to you?
- Is home where you want to make the change?
- Are there supportive family and friends who can help?
- Do you have accommodation in Dunedin?

Then our service may be able to help you.

How do you contact the Detox Service?

You can call us during business hours, Monday to Friday to make enquiries or to discuss our service.

Phone (03) 476 6063
Fax (03) 476-4255
Email dunedindetox@gmail.com

Or you can ask your doctor to contact us.

What does the Homebase Service offer?

- An initial confidential assessment
- Support for you, your family or friends
- Monitoring of your detoxification on a day-to-day basis.
- Education and information.
- Referral to other agencies if necessary.
- Liaison with your GP.

Please note: This is not a crisis or emergency service. We do not carry or supply drugs.

What do you need?

- Motivation to stop using alcohol or drugs
- An appropriate place to be while you do this
- A general practitioner
- No serious physical or mental illness
- A support person; a family member or friend.

What does it cost?

There is no cost for the detoxification service but you will need to pay for your GP visits and any medications required.

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