

## Useful Patient Information – IMHU (Southland)

Inpatient Mental Health Unit  
Elm Court  
Southland Hospital  
Kew Road  
Invercargill  
(03) 214 5786 extn 6689 or 0800 44 33 66  
Daily visiting hours are 9.00am - 8.00pm.

We welcome family members and friends to visit patients within the Inpatient Mental Health Unit. You are also welcome to phone and speak with staff if you have any queries about a patient who is on the ward and consent has been given.

### Where do I go to visit the Inpatient Mental Health Unit?

The Inpatient Mental Health Unit is based to the left of the Main Hospital building across the main carpark. As you walk in the doors there is a reception area, the administration desk is manned Monday to Friday 8.00am till 2.30pm. Out of these times please press the doorbell on the main doors and wait for staff assistance. Sometimes it may not be appropriate for visitors to come onto the unit or the patient does not wish to have visitors - staff advise you of this and pass on any messages you may have for the patient.

When visiting we have a number of small lounges on the unit where visits can happen, we discourage visits within patient's rooms. For children who are visiting a parent or other family member, there is a child-friendly whānau room with toys that is based out the front of the unit. If you wish to bring in valuables or other items, please check with staff.

### How can I get there?

There is a local bus service, the Kew Connection, run by Invercargill City Council. The bus stop is in front of the main hospital building.  
You can park in the main hospital car park (off Kew Road) or on Elles Road.

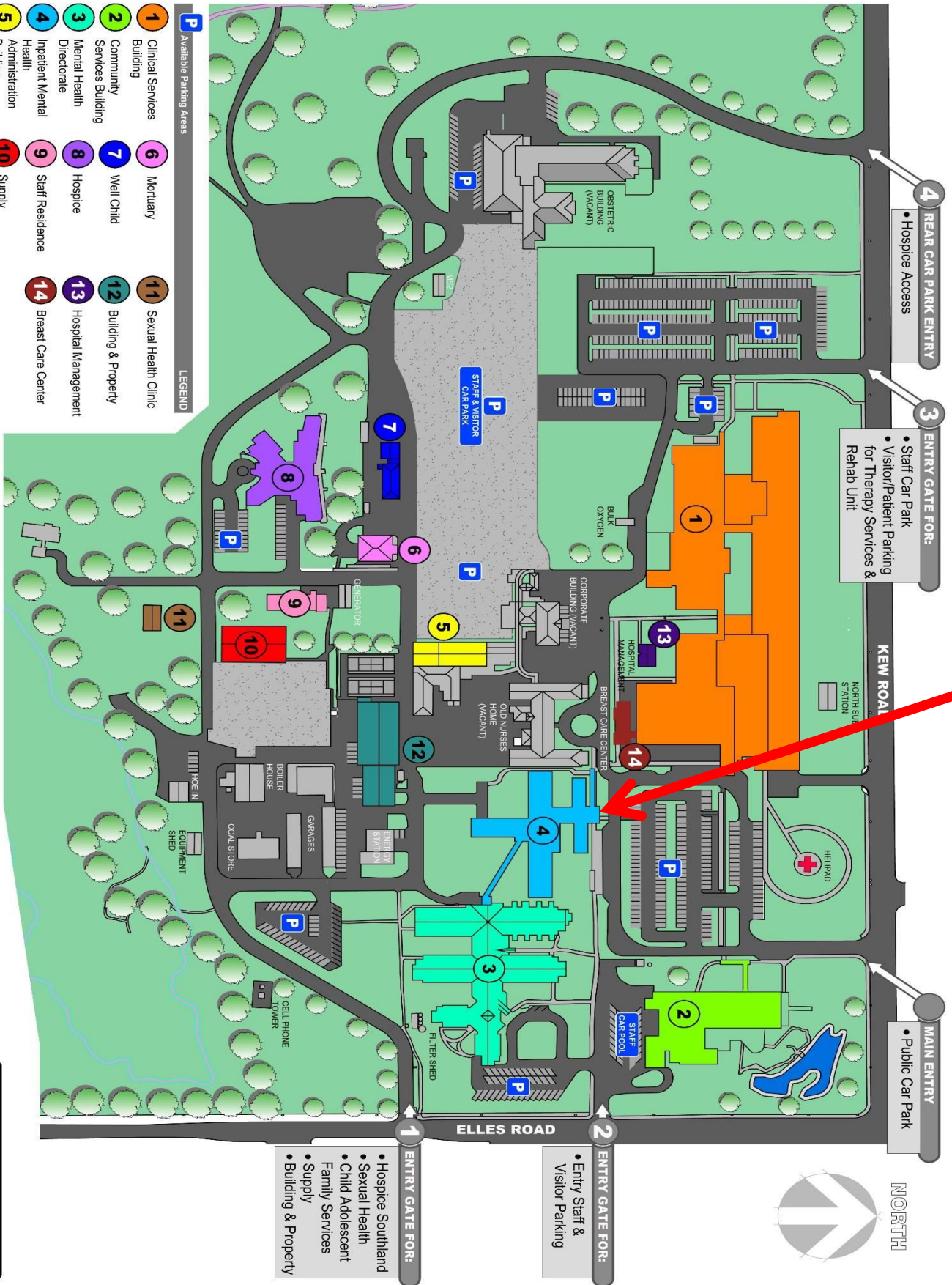
### Where can I get something to eat and drink?

The café is located within the main hospital building, it is open 7.30am - 6.30pm (8.30am - 6.30pm weekends and public holidays). You can buy snacks, hot and cold meals and hot and cold drinks. There is also a small coin operated snack machine located in the front foyer of the Inpatient Mental Health Unit. South Invercargill shopping centre has various food outlets, including a supermarket.

### Where can I go for a smoke?

The hospital buildings and grounds are a non-smoking area. We encourage all visitors and patients to smoke off-site.

- Available Parking Areas**
- 1** Clinical Services Building
  - 2** Community Services Building
  - 3** Mental Health Directorate
  - 4** Inpatient Mental Health Administration Building
  - 5** Supply Building
  - 6** Mortuary
  - 7** Well Child
  - 8** Hospice
  - 9** Staff Residence
  - 10** Supply
  - 11** Sexual Health Clinic
  - 12** Building & Property
  - 13** Hospital Management
  - 14** Breast Care Center



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