



Tui Ora^{LTD}
Let Unity Prevail

Activity-Based Recovery Programme



Reconnecting with the community

Tui Ora is a health and social services provider.

Enhancing whānau health and wellbeing is our vision. Our services cover all age groups and all populations, throughout Taranaki.



www.tuiora.co.nz

Our day activity programme staff coordinate a range of activities in conjunction with tangata whaiora and the community. Our aim is to support you to develop community links that enhance your interests and encourage wellbeing. This service is part of Oranga Hinengaro, our Mental Health and Addictions Service.

How we can support you:

- We offer group sessions focusing on people's goals and strengths
- We provide opportunities to mix with others in a fun and social way
- All sessions are group orientated and are held within the New Plymouth community

Referrals can be made by mental health teams or tangata whaiora enrolled in mental health services

Please contact Tui Ora for more information.

Tui Ora

Maru Wehi Hauora Complex

36 Maratahu St

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New Plymouth

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Our services are free, confidential and responsive. See our website www.tuiora.co.nz for further information.



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