



### Our Vision:

**‘Ka Tū mai a Hauā’**

Ngāti Hauā Whānau and communities are nurtured, connected, empowered and flourishing.

### Our Mission:

**‘To promote a quality of life for the people and communities of Ngāti Hauā’**

Where Whānau live in safe, supportive communities, in healthy environments, with adequate income, secure housing, and meaningful roles in life

### Other Services We Provide:

- ▶ Whānau Support Service
- ▶ Strengthening Families Coordination
- ▶ Toiora – Rangatahi Support and Mentoring Service
- ▶ Family Centred Service
- ▶ Kia ora, Kia rite, Kia tōnui - Work Ready
- ▶ Whānau Ora – Kaiārahi Navigator Service
- ▶ Mobile Nursing and Healthy Lifestyle
- ▶ Public Health Promotion
- ▶ Community Development



Te Hauora o Ngāti Hauā  
2 Cadman Street, Waharoa, 3401



Phone: 07 8887870  
OR, 0800 483 428 /08004Tehau



Facebook – Te Hauora o Ngāti Hauā  
Website: [www.tehauora.co.nz](http://www.tehauora.co.nz)

# Whānau Ora Navigator Service

Kaiārahi Whānau:



Te Hauora o  
Ngāti Hauā

## Our Service:

Our Whānau Ora Navigator Service is staffed by two experienced Kaiārahi.

Kaiārahi (or Navigators) work closely with whānau to identify their specific needs and aspirations, helping to identify the services or support they require.

The aim of this service is to enable whānau to grow and thrive by removing any barriers and building plans to take better control of their lives and circumstances.

## How to Access our Service:

1. Visit our office at 2 Cadman Street, Waharoa. Monday – Friday 9am – 5pm
2. Please Contact Te Hauora o Ngāti Hauā Office 07 8887870 or toll free at 0800483 482. Ask for Lance Rapana or John Thompson.
3. You can also contact us through our Facebook @ Te Hauora o Ngāti Hauā or website [www.tehauora.co.nz](http://www.tehauora.co.nz)



## We can assist you to:

- ▶ Assess your needs and identify your goals
- ▶ Facilitate whānau hui
- ▶ Work with you to develop whānau plans
- ▶ Access and provide relevant information and resources
- ▶ Connect you to relevant services and support people
- ▶ Advocate on your behalf
- ▶ Facilitate, lead or support you in discussions with other services, agencies or whānau
- ▶ Monitor and evaluate progress
- ▶ Mitigate and work through any risks or challenges
- ▶ Help build your knowledge, skills and confidence
- ▶ Respectfully challenge and shift unhelpful behaviours and patterns
- ▶ Identify and build on strengths

Our services are free, professional and confidential.

## Our Guiding Principles

### *Tikanga*

Guide thoughts, behaviour and actions.

### *Manaaki Tangata*

We respect the dignity and integrity of all people.

### *Mana Tangata*

We respect the mana of all people including the right to justice, fairness, safety and equality.

### *Whanaketanga*

We promote Responsible Caring and the role of education, personal and social development.

### *Tikanga Whakapononga*

We uphold safe, ethical and professional standards of practice.