



Tui Ora^{LTD}
Let Unity Prevail

Asthma Support Nursing Service



*Supporting you to
manage your asthma*

Tui Ora is a health and social services provider.

Enhancing whānau health and wellbeing is our vision. Our services cover all age groups and all populations, throughout Taranaki.



www.tuiora.co.nz

We provide a Taranaki wide, free, mobile service to all ages and all groups. Our registered nurse focuses on supporting and educating people so they can independently manage their asthma to maintain optimal health and wellbeing.

This includes facilitating self management plans with GP's, which are tailored to individual needs, and working alongside other services as appropriate. Our service provides education on:

- What asthma is
- Medications - what they do, and how to use them effectively
- Trigger identification and management
- Symptom monitoring
- Managing an asthma emergency
- Healthy lifestyles

Our Asthma Support Nurse provides educational sessions at home, on the marae, preschools, workplaces or any other location as required.

Tui Ora Ltd

Maru Wehi Hauora Complex

36 Maratahu St

PO Box 8119

New Plymouth

Phone (06) 759 4064

intake@tuiora.co.nz (for referrals)

reception@tuiora.co.nz (for general enquiries)

Our services are free, confidential and responsive. See our website www.tuiora.co.nz for further information.



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