

# Rongoā Kākāriki

# GREEN

# PRESCRIPTION

**REFERRALS TO GREEN PRESCRIPTION ARE NOW AVAILABLE ON MCIS FOR ALL CMDHB WOMEN!**

## WHAT IS GREEN PRESCRIPTION?

Green Prescription is a referral based health and wellness programme for adults 18 years and over, who would like support and motivation to get active and improve their lifestyle.

## WHO SHOULD BE REFERRED?

Please encourage the Green Prescription service for women who:

- ▶ Are at risk of developing GDM
- ▶ Develop GDM
- ▶ Have Type 2 Diabetes
- ▶ Have a high BMI
- ▶ Would like support to be more active
- ▶ Would like postnatal support and motivation

## WHAT THE GREEN PRESCRIPTION SERVICE PROVIDES?

- ▶ Initial one-on-one consultation with a Healthy Lifestyle Advisor (In Person at a community programme, Online or Over the phone)
- ▶ Regular catch up with participants either In Person, Online or Over the phone
- ▶ Online Live-streaming Low Impact Exercise Sessions – Friday 9:30am
- ▶ Online Nutrition and Wellbeing Webinars – Thursday 10:30am + 7pm
- ▶ 6 months of support
- ▶ Support from the Green Prescription Registered Dietitian if intensified support is required

# HOW TO CREATE A REFERRAL TO GREEN PRESCRIPTION AND SEND IT ELECTRONICALLY VIA MCIS



## Step 1

Obstetric Booking **Pregnancy Care** Labour and Birth Postnatal

**Antenatal Assessment**

- Antenatal Assessment
- Acute Assessment
- Inpatient Assessment
- EPAU Assessment
- Observations (15)
- Maternity Vital Signs Observations (11)
- Record Threatened Labour Stopped

**Tests and Procedures** +

**Care Plans** +

**Clinical Notes** +

**Risk Assessment** +

**Management Plan**

**Referrals**

- Referral Note

**Medication**

**Specialist Review**

**Communication**

**Lifestyle**

**Events**

- Go to **Pregnancy Care/Labour and Birth/Postnatal Tab.**
- Under **Referrals** select **Referral Note** to open.

## Step 2

Referral Details

Locally Configured Referral

Date/Time Referred 17 Aug 20 at 08:44 Gestation 40 weeks, 3 days

Referral To Green Prescription (Locally Configured)

Items Discussed With Woman

Role of Referrer Spe

Contact Number of Referrer

Referral Accepted by Woman ☒ Yes

☐ Anaesthetic  
☐ Community Health Worker  
☐ Diabetes  
☐ Dietician  
☐ Fetal Medicine  
☐ Lactation Consultant  
☐ Mental health  
☐ Neonatal alert  
☐ Obstetric Consultant  
☐ Physician  
☐ Physiotherapy  
☐ Smoking cessation  
☐ Social Worker  
☐ Substance abuse  
☐ Teen pregnancy  
☒ Green Prescription (Locally Configured)  
☐ Community Breastfeeding & Nutrition Advice (Locally Configured)  
☐ Configurable 3  
☐ Configurable 4  
☐ Configurable 5  
 Other

- Select **GREEN PRESCRIPTION** from pick list in **Referral to** field.
- A **Secondary** tab will appear on the left.

## Step 3

Referral Details

Locally Configured Referral

Referral To Green Prescription

Role of Referrer Specialist Midwife

Contact Number of Referrer 51280

Referral Accepted by Woman ☒ Yes ☐ No

Clinical Notes Newly diagnosed GDM at 26/40.  
Would like support and motivation to be more active.

Referral Sent ☐ Yes ☒ No

- Click on the **Secondary** tab on the left and complete all sections within the referral form with the relevant information.
- **Save and close** referral form.



## Step 4

TESTING-DO-NOT-REMOVE, PLS (NHI: JGM)  
01 Jan 70 (Current Age: 50) | - TEST ADDRESS LINE 1, TAKAPUNA, 0622 |  
G2 P1 | LMP: 25 Sep 19 | EDD (Final): 14 Aug 20 | Current Gest: 40<sup>++3</sup>/40

Front Page Anaesthesia Specialist Neonatal User Obstetrician

17 Aug 2020 08:44 **Referral**  
• Green Prescription

11 Aug 2020 14:38 EDD change

- Your completed referral will now show in the **timeline**.
- **Note:** Steps 5 and 6 **MUST** be completed to ensure your referral is sent to **GREEN PRESCRIPTION**.

## Step 5

**Management Plan**

**Referrals**

■ Referral Note (11)

📄 Green Prescription Referral : (Accepted)

- Return to **Referrals** heading and open your **GREEN PRESCRIPTION Referral PDF**.

## Step 6

Counties Manukau Health  
Maternity Service

Green Prescription Referral - 17 Aug 20 at 08:44

Sent Patient Referral

Time of confirmation 17 Aug 20 at 08:52

Report Green Prescription Referral - 17 Aug 20 at 08:44

Email Subject Green Prescription Referral - 17 Aug 20 at 08:44 for TESTING-DO-N

Comments

BadgerNet Message  
Email with patient report sent OK.

OK

Save & Close Cancel

- Click on **Confirm and send**
- **Save and Close**.
- The Pop-up message confirms email sent successfully.
- **Select OK**
- **Note:** If you do not see the Pop-up message, the email has not been sent. Please contact the MCIS team on 51280 if this occurs.