



# Supported *living*

Our Supported Living service is designed for individuals over the age of 17, living with permanent physical or intellectual disabilities and autism. We provide both practical and emotional support for clients to attain, or retain, their independence by living outside of the family home, and within their local communities.

## WHAT WE OFFER

We focus on providing an individualised, flexible, and person-centred service. We strongly believe that 'we don't DO for people but help them DO it for themselves'. An example of some areas where support may be needed:

- Accessing the community
- Help with finding suitable housing
- Life skills (shopping, budgeting, cooking)
- Help when dealing with agencies such as WINZ or the bank
- Accessing public transport
- Providing pathways to meaningful employment



## HOW IT WORKS

We ensure that we understand and really get to know the individuals that come into our service. We meet each person to discuss their needs and goals – what they would like to accomplish, what they can already do, where they need support – and develop a personalised plan. Individuals review these and provide feedback before the plans are put into action.

We take the time to very carefully match our support staff with the people we support. We believe it is vital that the people we support, and their support staff have a strong rapport with each other.

We provide a monthly review session, either face-to-face or on the phone, to ensure each individual is happy and achieving their goals and ambitions.



## LOCATIONS

Our Supported Living service is available in the **Waikato** and **Bay of Plenty** regions.



## HOW TO ACCESS THIS SERVICE

For more information and to access our services, visit the **SUPPORTED LIVING** page on our **WEBSITE**:

[www.enrichplus.org.nz/supported-living](http://www.enrichplus.org.nz/supported-living)

or contact us by **EMAIL**  
[info@enrichplus.org.nz](mailto:info@enrichplus.org.nz)

or

**PHONE**  
us to discuss  
your next steps:  
**PH: 0800 367 424**



## Other services we offer at Enrich+

At **Enrich+** we take a holistic approach to encourage social interaction, life skills, community activities and employment, and further support to foster overall wellbeing. Our expert, innovative and passionate team can assist you in many key life areas, such as: **Supported Activities, Supported Employment, Transitioning from School, School Holiday Programmes, Supported Living, Psychological Support** along with **Autism Groups, Assessment & Education**. Visit our website for more information.

Contact us for more information: 0800 367 424

[info@enrichplus.org.nz](mailto:info@enrichplus.org.nz)



[enrichplus.org.nz](http://enrichplus.org.nz)