



CONTACT US

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OUR HISTORY

Te Korowai Hauora o Hauraki is a rural, Iwi-based, not-for-profit, incorporated society that has been providing affordable health and wellness services across the Hauraki rohe since 1994 for all in Hauraki.

OUR MĀTĀPONO - OUR VALUES



WHANAUNGATANGA

We ensure we always work together as a whānau and in doing so create a sense of unity



MANAAKITANGA

We uplift the mana of those who we work with



KOTAHITANGA

We stand together as one whānau, one organisation, one community



OHU KĀINGA Home Assist



OUR SERVICES

Personal Care, Household Management,
Medication Oversight

Kaumātua and clients may be eligible for some or all of our services, depending on your individual situation. Please discuss your eligibility and the referral process with your GP or Practice Nurse.

OHU KĀINGA Home Assist

HOUSEHOLD MANAGEMENT

Tasks include but are not limited to:

- Vacuuming
- Sweeping and mopping hard floors
- Change bedlinen and remake bed
- Cleaning toilet and bathroom (including floors)
- Laundry (washing, hanging out and bringing in)
- Meal preparation (cutting up vegetables / meat)
- Making snacks (e.g. sandwiches)
- Dusting (damp or dry)
- Ironing
- Window cleaning (inside only)
- Rubbish (prepare for collection)

Household Management tasks exclude any heavy lifting, any outdoor tasks (except hanging out washing), any work at height (e.g. no use of chairs, step ladders).

PERSONAL CARE

Personal Care tasks range from supervision only, partial assistance to hands on full assistance.

Tasks include but are not limited to:

- Showering
- Bathing
- Hair washing
- Undressing and dressing
- Oral care (teeth brushing, denture care)
- Shaving
- Change bedlinen and remake bed
- Cleaning toilet and bathroom (including floors)
- Laundry (washing, hanging out and bringing in)

MEDICATION OVERSIGHT

We also offer medication oversight. This service is designed to support clients who tend to forget to take their medication or are at risk to double up on their medication.

Our Clinical Coordination team will work with you, your health care provider and our support workers to develop a plan that will meet your needs.

**TO FIND OUT MORE,
PLEASE CONTACT OUR
TEAM ON:**



A guide to our services

**FREEPHONE
0508 24 66 32**